

Breakfast.....served from 7.30am until 10.30am

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| Bircher muesli with dried fruit, blueberries and natural yoghurt | \$6.90 |
| Thick cut toast with choice of spreads | \$3.90 |
| Fruit and nut toast | \$6.90 |
| Waffles with maple syrup and vanilla ice cream | \$10.90 |
| Two eggs (anyway you like) on thick cut toast with tomato relish | \$8.90 |
| Basic Breakfast – two eggs, bacon, tomato and toast | \$12.90 |
| Rush Breakfast – two eggs, bacon, sausage, hash brown, tomato and toast | \$14.90 |
| Omelette – with cheddar cheese, spinach and caramelized onions | \$11.90 |
| Eggs Benedict – poached eggs, spinach and hollandaise on toasted ciabatta | \$12.90 |
| | with smoked salmon \$14.90 |
| | with ham \$13.90 |
| Sides – Avocado, Hash Browns, Tomato, Bacon, Mushrooms | \$2.90 |

Rush quick bites....available from 11am until 3pm

Wraps

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| Tandoori marinated chicken with cos lettuce, tomato and minted yoghurt, wrapped in a lightly toasted tortilla | \$14.90 |
| Smoked salmon, rocket and caper berry cream cheese wrapped in a tortilla | \$14.90 |

Filled Turkish breads

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| Chicken, avocado, parmesan and cos with aioli | \$14.90 |
| Roast beef with spinach, tomato, balsamic onions and wholegrain mustard | \$14.90 |
| Char-grilled vegetables, fetta and onion jam | \$13.90 |

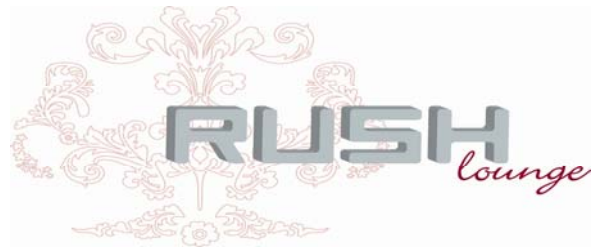
Quiche

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| Bacon, spinach, onion and oven dried tomato | \$13.90 |
| Mushroom, spinach, tomato, potato and fire roasted capsicum frittata | \$13.90 |

RUSH HOUR

Stella Artois, Rush Red, White & Sparkling, Basic Spirits \$4.90

EVERY DAY 5-7pm / FRIDAY'S 'til 8



Salads

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| Roasted sweet potato, pancetta, asparagus, feta, roasted capsicum and baby spinach with lemon vinaigrette | \$12.90 |
| Rocket, avocado and parmesan with lemon vinaigrette | \$10.90 |
| Rush Caesar – lemon aioli coated cos, pancetta, parmesan, pumpkin croutons and freshly poached egg | \$14.90 |
| with chicken | \$18.90 |
| with calamari | \$18.90 |

Sandwiches

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| Lightly charred chicken breast with bacon, avocado, cos, tomato, aioli and basil pesto on pumpkin bread | \$18.90 |
| Char-grilled rib-eye with cos, tomato, Dijon mustard and onion jam on char-grilled thick cut bread | \$18.90 |

Tapas – *ideal to share*

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| Toasted Turkish bread with olive oil and today's freshly made dips | \$12.90 |
| Spicy Italian style meatballs in rich tomato sauce | \$12.90 |
| Pan fried calamari, chorizo and kalamata olives with chilli oil and ciabatta toasts | \$12.90 |
| Barramundi risotto cakes with sweet chilli and lime | \$12.90 |
| Duck spring rolls with plum dipping sauce | \$12.90 |
| Spinach and fetta stuffed mushrooms | \$12.90 |
| Tandoori marinated chicken skewers, fried rice and minted yoghurt | \$12.90 |
| Smashed chats with aioli and lemon cheek | \$12.90 |

Pasta and Risotto – *see specials board for today's other options*

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| Prawn and preserved lemon risotto with char-grilled asparagus | \$18.90 |
| Pumpkin and green pea risotto with sage | \$17.90 |
| Calamari and prawns with chilli, lemon and olive oil tossed with spaghetti | \$19.90 |

Mains

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| Fish of the day – oven roasted with soba noodles, bok choy and sweet sesame soy sauce | \$26.90 |
| Char-grilled eye fillet with roasted kiplers, asparagus and red pesto | \$28.90 |
| Moroccan spiced lamb rump with chickpea and sweet potato salad and minted yoghurt | \$26.90 |
| Thai style red curry with lime infused jasmine rice | \$19.90 |

